



### VERIFICATION OF TRANSLATION

I, Melissa Stanford, a translator with Chillson Translating Service, 3530 Chas Drive, Hampstead, Maryland, 21074, hereby declare as follows:

That I am familiar with the German and English languages;

That I am capable of translating from German to English;

That the translation attached hereto is a true and accurate translation of German

Application titled, "Pharmaceutical Preparations, Use of these Preparations and Process for Increasing the Bioavailability of Pharmaceutical Substances to be Administered Perorally;"

That all statements made herein of my own knowledge are true and that all statements made on information and belief are believed to be true;

And further that these statements were made with the knowledge that willful false statements and the like so made are punishable by fine or imprisonment, or both, under Section 1001 of Title 18 of the United States Code and that such willful false statements may jeopardize the validity of the application or any registration resulting therefrom.

By Melissa Stanford

Executed this 16 day of April 2004.

Witness Chillson Translating Service



Translator's Notes:

The translation of "Narkorennarkose" (appearing on German page 38, line 14) could not be found in available sources, but since "narke" is Greek for "to numb," the phrase may mean "numbing anesthesia." It was left as "Narkoren anesthesia" in the translation (English page 46, line 5).

Claim 21 seems to be missing at least a verb, which would fall between "Steroid" and "11- $\alpha$ -hydroxynandrolone" in the translation (English page 56, line 15).



**Pharmaceutical Preparations, Use of these Preparations and Process for Increasing  
the Bioavailability of Pharmaceutical Substances to be Administered Perorally**

The invention relates to a pharmaceutical preparation that contains at least one emulsifier, at least one auxiliary emulsifier and/or solvent and at least one lipid, as well as the use of the preparation according to the invention as a peroral pharmaceutical agent and a process for increasing the bioavailability of pharmaceutical substances to be administered perorally.

The following technical terms are used for the purposes of this invention according to the definitions below.

For the purposes of this invention, the term pharmaceutical substance is used synonymously to active ingredient and/or pharmaceutical agent and includes substances that have a main pharmacological action as well as those that do not have any main pharmacological action.

For the purposes of this invention, the term pharmaceutical agent is used synonymously to medication and means that a pharmaceutical preparation that contains at least one pharmaceutical substance is used for therapeutic, prophylactic and/or diagnostic purposes.

For the purposes of this invention, dosage form means the form that is to be administered, i.e., the dispensing form of the pharmaceutical agent, whereby those dispensing forms that must still be converted before use into the actual dispensing form also fall under this.

For the purposes of this invention, pharmaceutical preparation is used synonymously to basic mixture, preconcentrate, formulation or active ingredient carrier system and contains pharmaceutical adjuvants that can control or support the pharmaceutical substance action, as well as possibly other basic substances that are required for a production of dosage forms, i.e., dispensing forms of preparations of pharmaceutical substances.

For the purposes of this invention, emulsifiers, auxiliary emulsifiers, solvents and lipids are pharmaceutical adjuvants, whereby emulsifiers and auxiliary emulsifiers belong to the group of surfactants, i.e., they have a hydrophilic and a lipophilic portion in the molecule. For the purposes of this invention, emulsifiers are hydrophilic in their entirety, i.e., they have an HLB (hydrophile-lipophile balance) value of > 10; optimally > 12. Auxiliary emulsifiers that are used for the purposes of the invention are lipophilic in their entirety, i.e., they have an HLB value of < 10; optimally < 8. For the purposes of the application, solvents have the object to improve the solubility and the self-emulsifiability of the existing phases of a formulation according to the invention. In particular, organic solvents, advantageously alcohols, polyethylene oxide glycols (PEG) and modified PEG, e.g., etherified PEG (Transcutol®P) are considered.

For the purposes of the application, Smix (surfactant mixture) reflects the mass ratio of emulsifier to auxiliary emulsifier.

For the purposes of this invention, m = mass and v = volume in the data (v/v+m), (m/v) or (m/m).

For the purposes of this invention, substrate means at least one intestinal enzyme and/or an intestinal efflux system, such that substances, in particular pharmaceutical

substances in the intestine, interact with the respective enzyme or efflux systems so that they are metabolized and/or actively flushed from the intestinal epithelium into the lumen of the bowels.

For the purposes of this application, the terms intestinal enzyme and/or intestinal efflux system stand for enzymes/efflux systems that occur, i.a., in intestinal tissue and at least partially prevent there the absorption of pharmaceutical active ingredients and thus can reduce bioavailability after peroral administration.

For the purposes of this invention, inhibiting means that in the presence of the preparation or the adjuvants according to the invention that are used for the preparation according to the invention, substrates of intestinal enzymes or intestinal efflux systems are metabolized by the latter to a lesser extent and/or are actively flushed from cells by efflux systems.

For the purposes of this invention, bioavailability of pharmaceutical substances is defined as the total portion of pharmaceutical substance that is systemically available in terms of time.

The potential usefulness of pharmaceutical substances depends on, i.a., the bioavailability such that in the pharmaceutical development, a special advantage exists in optimizing the bioavailability of pharmaceutical substances. The bioavailability that is referenced for the purposes of this invention is the rate and/or the extent in which the therapeutically, prophylactically or diagnostically active portion of a pharmaceutical agent is released from a dosage form and resorbed or is available at the site of action. The bioavailability is measured via the concentration of the respective pharmaceutical substance or its metabolites in bodily fluids, such as, e.g., blood, based on time.

The bioavailability of pharmaceutical substances that are resorbed in particular via the gastrointestinal tract depends on the solubility and thus the resorbability of the pharmaceutical substances. Thus, in the prior art, the solubility of especially strong lipophilic and/or poorly water-soluble pharmaceutical substances that consequently have a slow and incomplete release of pharmaceutical substances and/or resorption, e.g., is increased by lipid-based formulations that promote a formation of dissolved phases and thus an increase in bioavailability of these pharmaceutical substances.

In US 5,391,377 A, a two-phase pharmaceutical composition is disclosed that consists of a long-lasting release component, essentially C<sub>12</sub>-C<sub>24</sub>-fatty acids, and a pharmaceutically active substance, preferably lipophilic pharmaceutical substances, as well as a non-long-lasting release component, a C<sub>12</sub>-C<sub>24</sub>-fatty acid.

In WO 94/09788 A1, a pharmaceutical preparation is disclosed that improves the solubility of HIV-protease inhibitors by organic solvents, especially alcohols, and optionally in addition by an acid.

In US 5,342,625 A, a cyclosporin-containing microemulsion preconcentrate and microemulsion is disclosed that produces an oil-in-water emulsion (O/W emulsion) and is to result in a higher bioavailability with lower inter-individual and intra-individual ranges of scatter of the resorption level.

In EP 670715 B1, an anhydrous pharmaceutical preparation that consists of a surfactant, a co-surfactant and a lipophilic phase was disclosed as a solution of the problem. These preparations have transparent, single-phase areas in a pseudoternary phase diagram (emulsifier, lipid, water) when water is added in portions. It is disadvantageous in this case that the transparent, single-phase, water-dilutable area is

limited to a water portion of at most 70% so that, moreover, in the so-called exhaust percentage, cloudiness of the system, in particular precipitation or crystallization of water-insoluble pharmaceutical substances and thus worsened resorption conditions of the pharmaceutical substances prevail.

In Lienau et al., Proc. EUFEPS World Conference on Drug Absorption and Drug Delivery, Copenhagen, June 18-20, 2001, p. 106, and Lienau et al., Proc. 4<sup>th</sup> World Meeting ADRITELF/APGI/APV, Florence, April 8/11, 2002, p. 1463 f, pharmaceutical preparations are described that have an emulsifier, auxiliary emulsifier and a lipid and, relative to the preparations, have the advantage according to EP 670715 B1 that they have a transparent, single-phase area over 70% (m/m) of the water portion in the case of water dilution by steps in a pseudoternary phase diagram.

A drawback of the previously described documents consists in that these preparations teach only an increase in bioavailability of strongly lipophilic and/or water-insoluble pharmaceutical substances via the increase in solubility, but an additional metabolic reduction of the bioavailability of in particular also hydrophilic pharmaceutical substances is not achieved.

The bioavailability of pharmaceutical substances that are to be administered perorally is metabolized in particular in the gastrointestinal tract by enzymes of the first phase, for example from the superfamily of the cytochrome P450 monooxygenases, in particular CYP-3A or the 17 $\beta$ -hydroxy-steroid hydrogenases (17 $\beta$ -HSD, cf. in: SANO, T., et al., Clin. Sci. 2001, 101 (5): 485-491), in particular the 17 $\beta$ -HSD 2 isoform, and the second phase, for example sulfatases. In addition, the bioavailability of pharmaceutical substances that are to be administered perorally is reduced by efflux

systems that are found in the intestinal epithelium, in particular P-glycoprotein transporters (P-gp- transporters).

In US 6,028,054 A, the bioavailability of pharmaceutical substances is increased by the addition of so-called “bioenhancers” that reduce a gastrointestinal metabolism and/or a re-ejection by efflux systems. These “bioenhancers” are added to pharmaceutical preparations as additional components and consist of, e.g., two co-planar, aromatic rings with a positive charge.

In US 6,121,234 A, the addition of ethereal oils to a pharmaceutical preparation that contains hydrophobic pharmaceutical substances is disclosed, whereby an inhibition of the enzymes of the cytochrome-P450-3A group and the efflux systems is based on the ethereal oils.

WO 99/11290 A1 and WO 01/003695 A1 disclose in each case an addition of bile acid propyl ester and vitamin C fatty acid ester, in particular vitamin C palmitate, to a pharmaceutical preparation that achieves an increase in bioavailability via an inhibition of enzymes of the cytochrome-P450-3A group.

In addition, in the finished pharmaceutical agent product Kaletra® with the active ingredient Lopinavir, which is responsible for a high enteral first-pass metabolism as well as outward transport by P-gp- transporters, Ritonavir is added as an adjuvant (Rote Liste [Red List], 2002), which at a concentration of 1/6 of its therapeutic dose reduces the enteral and probably also the hepatic metabolism and the outward transport by the P-gp- transporters of Lopinavir.

Drawbacks of this prior art consist in that, on the one hand, in each case at least one additional substance must be added to the pharmaceutical preparations to be able to

achieve an inhibition of the respective systems, but according to the basic rules of the pharmaceutical formulation development, adjuvants are to be limited both qualitatively and quantitatively to a minimum. Another drawback consists in that the previously mentioned additives can have their own actions that can result in undesirable loads on the organism. In addition, other action-decisive metabolizations of pharmaceutical substances, such as, e.g., metabolizations via 17 $\beta$ -HSD, probably are not inhibited. 17 $\beta$ -HSD 2 has a high expression rate in intestinal and endometric tissue (MARTEL, C. et al.: J. Steroid Biochem. Molec. Biol. 1992, 41: 597-603) and metabolizes steroids, in particular those that in 17-position of the sterane skeleton have a secondary, optionally beta-position hydroxyl group in the corresponding ketone metabolites, such as, e.g., estradiol in estrone (cf. Zhu, B. T. et al., Carciogenesis, 1998, 19 (1): 1-27).

A method of solution to reduce the high oxidative metabolism rate of secondary, beta-position OH groups by the 17 $\beta$ -HSD 2 consists in achieving a steric stabilization of the sterane skeleton by, e.g., chemical substituents in 17 $\alpha$ -position, cf., i.a., ethinylestradiol.

A galenical improvement of the inhibition of the metabolism of steroids with secondary, beta-position hydroxyl groups is disclosed in Price et al., Obstetrics & Gynecology 1997, 89, p. 340 ff by intestinal metabolism being avoided by sublingual administration.

From the above, it is now obvious that the problem of reducing the bioavailability of pharmaceutical substances that are substrates of intestinal enzymes, in particular 17 $\beta$ -HSD2 and/or CYP-3A4, and/or intestinal efflux systems, in particular P-gp- transporters, would still not be achieved in a satisfactory way in peroral dosage forms.

The object of the invention is therefore to develop a pharmaceutical preparation for peroral administration that, on the one hand, improves the solubility of, in particular, lipophilic pharmaceutical substances in especially spontaneous dilution with a hydrophilic medium, such as, e.g., the intestinal flow or purified water, and moreover, on the other hand, counteracts a reduction of the bioavailability of lipophilic and/or hydrophilic pharmaceutical substances by intestinal metabolism, in particular by 17 $\beta$ -HSD2 and/or CYP-3A4, or by an active outward transport from the intestinal cells by intestinal efflux systems, in particular P-gp- transporters (MDR1) or MRP2 proteins.

This object is achieved according to the invention by a preparation that contains at least one emulsifier, at least one auxiliary emulsifier and/or solvent as well as at least one lipid, characterized in that the mass ratio of emulsifier to auxiliary emulsifier and/or solvent (Smix) is 1:1 to 9:1 and the total lipid proportion is > 0% (m/m), whereby this preparation at least partially inhibits at least one intestinal enzyme and/or at least one intestinal efflux system.

Pharmaceutical preparations according to the invention that inhibit intestinal enzymes and intestinal efflux systems are also referred to as enzyme-modulating-self-emulsifying-systems (EMSES).

In addition, the object is achieved by a use of a pharmaceutical preparation according to the invention for the production of a peroral pharmaceutical agent, whereby this preparation at least partially inhibits at least one intestinal enzyme and/or at least one intestinal efflux system.

In addition, the object according to the invention is achieved by a process for increasing the bioavailability of pharmaceutical substances that are to be administered

perorally, whereby a pharmaceutical preparation according to the invention contains a pharmaceutical substance and is administered perorally.

An advantage of the pharmaceutical preparation according to the invention consists in that it improves the solubility of lipophilic and/or water-insoluble pharmaceutical substances compared to the prior art and at the same time at least partially reduces the metabolism of pharmaceutical substances by intestinal enzymes and/or the active outward transport by intestinal efflux systems.

Another advantage of an active ingredient-free pharmaceutical preparation according to the invention consists in that this preparation can be used as a carrier system for different pharmaceutical substances that have the previously mentioned profile, i.e., are lipophilic and/or are metabolized by intestinal enzymes and/or are transported back actively by intestinal efflux systems into the lumen of the bowels from the intestinal epithelium and thus can avoid time-consuming and costly pharmaceutical substance formulation developments.

Another advantage consists in that the pharmaceutical preparation according to the invention in addition is suitable to produce peroral dosage forms, especially capsules, advantageously gelatin capsules or tablets, based on a very small portion of a hydrophilic phase. In addition, this invention follows the basic rules of pharmaceutical formulation development, namely to limit adjuvants both qualitatively and quantitatively to a minimum.

Preferred embodiments are indicated in the subclaims.

A preferred embodiment of the invention consists in that the Smix is 3:1 to 9:1, advantageously 9:1, and the total lipid proportion is 10 to 50% (m/m).

An especially preferred embodiment of the invention consists in the fact that the emulsifier contains PEG-40-hydrogenated castor oil (Cremophor® RH40), PEG-35 castor oil (Cremophor® EL) or PEG-400-monoricinoleate (Estax® 54), the auxiliary emulsifier or solvent glyceryl monocaprylate > 80% (m/m) (Imwitor® 308) or diethylene glycol monoethyl ether (Transcutol® P) and the lipid triglycerides, fatty oils or waxes.

Especially preferred triglycerides contain mid-chain triglycerides (MCT), e.g., Miglyol® 812 (C<sub>8</sub>-C<sub>12</sub> triglycerides); preferred fatty oils contain castor oil, olive oil, corn oil, soybean oil, sunflower seed oil, peanut oil, walnut oil or diestel oil, especially preferably castor oil; and preferred waxes contain ethyl oleate or isopropyl myristate.

It is also possible that the preparation according to the invention in addition contains at least one pharmaceutical substance.

Pharmaceutical substances that originate from the group of therapeutic agents, prophylactic agents or diagnostic agents and are formulated preferably with the preparation according to the invention are either lipophilic and/or water-insoluble, alternatively hydrophilic.

Preferred are lipophilic pharmaceutical substances that are formulated with the preparations according to the invention, and especially preferred are pharmaceutical substances that are substrates of at least one intestinal metabolizing enzyme and/or one intestinal efflux system. Here, in turn, those pharmaceutical substances are advantageously formulated that are substrates of the 17 $\beta$ -hydroxy-steroid-dehydrogenases or the cytochrome-P450-monooxygenases, especially advantageously from the group of cytochrome P 450 3A-monooxygenases (CYP3A4) or are substrates of a P-gp- transporter system. For the purposes of this application, substrate means at least

one intestinal enzyme and/or an intestinal efflux system in that these substances, e.g., pharmaceutical substances or pharmaceutical adjuvants, interact with intestinal enzymes and are metabolized by the latter and/or are transported by interaction with intestinal efflux systems by the latter actively from the intestinal epithelium back into the lumen of the bowels.

As pharmaceutical substances, steroids represent a quite especially preferred type of embodiment of the preparation according to the invention, advantageously those that in 17-position of the sterane skeleton have a secondary, beta-position hydroxyl group and of these especially preferably estrogens, antiestrogens or androgens.

Pharmaceutical substances that represent substrates of 17 $\beta$ -HSD are cited below but are not limited to the list; they also contain salts and/or derivatives of these pharmaceutical substances:

11- $\alpha$ -hydroxynandrolone, 16- $\alpha$ -fluoroestradiol, 16- $\alpha$ -idoestradiol, 16- $\beta$ -fluoroestradiol, 2,4-dibromoestradiol, 2-chloroestradiol, 2-ethoxyestradiol, 2-fluoroestradiol, 2-hydroxyestriol, 2-methoxyestradiol, 2-methoxyestriol, 2-methoxymethylestradiol, 3-methoxyestriol, 4-bromoestradiol, 4-chloroestradiol, 4-fluoro-17 $\beta$ -estradiol, 4-hydroxyestradiol, 4-hydroxytestosterone, 4-methoxyestradiol, 5- $\beta$ -androstan-17 $\beta$ -ol-3-one, 6- $\alpha$ -hydroxyestradiol, 3 $\alpha$ , 17 $\beta$ -androstanediol, 3 $\beta$ , 17 $\beta$ -androstanediol, androstanolone, androstenediol, bolanediol, bolazine, boldenone, clostebol, dacuronium bromide, 17-deacetylpancuronium, dideactetylvecuronium, vecuronium, 17 $\beta$ -dihydroequilin, 5 $\alpha$ -dihydro-19-nortestosterone, 16 $\alpha$ -bromo-7 $\alpha$ -(N-butyl, N-methyl-undecanamide)-estra-1,3,5(10)-triene-3,17 $\beta$ -diol (EM-105), 16 $\alpha$ -chloro-7 $\alpha$ -(N-butyl, N-methyl-undecanamide)-estra-1,3,5(10)-triene-3,17 $\beta$ -diol (EM-139), 16 $\alpha$ -

iodo-7 $\alpha$ -(N-butyl, N-methyl-undecanamide)-estra-1,3,5(10)-triene-3,17 $\beta$ -diol (EM-156), 16 $\alpha$ -bromo-7 $\alpha$ -(N-butyl, N-methyl-undecanamide)-estra-1,3,5(10)-triene-3,17 $\beta$ -diol (EM-220), epiestriol, epitiostanol, estetrol, estradiol, estradiol-3-glucuronide, estradiol-3-methylether, estradiol-3-sulfate, estradiol-3-benzoate, estradiol-3-hexahydrobenzoate, estramustine, estriol, estriol-3-glucuronide, estriol-3-sulfate, estriol-16-glucuronide, estrynamine, 17 $\beta$ -hydroxy-6-methylene-androsta-1,4-dien-3-one (FCE-25071), fulvestrant, 1-hydroxy-17 $\beta$ -estradiol, 2-hydroxy-17 $\beta$ -estradiol, 4-hydroxy-17 $\beta$ -estradiol, 6-hydroxy-17 $\beta$ -estradiol, 7-hydroxy-17 $\beta$ -estradiol, 15-hydroxy-17 $\beta$ -estradiol, 18-hydroxy-17 $\beta$ -estradiol, 7-(N-butyl-undecanamide)-3,17 $\beta$ -estra-1,3,5(10)-triene-3,17 $\beta$ -diol (ICI-160325), 7 $\alpha$ -(N-butyl-undecanamide)-3,17 $\beta$ -estra-1,3,5(10)-triene-3,17 $\beta$ -diol (ICI-163964), estra-1,3,5(10)-triene-7 $\beta$ -(N-butyl)undecanamide-3,17 $\beta$ -diol (ICI-164275), 7 $\alpha$ -(N-butyl, N-methyl-undecanamide)-estra-1,3,5(10)-triene-3,17 $\beta$ -diol (ICI-164384), inocoterone, estra-3-sulfamate-1,3,5(10),7-tetraene-3,17 $\beta$ -diol (J-1059), cycloprop[14S,15 $\beta$ ]-3',15-dihydro-estra-1,3,5(10)-triene-3,17 $\beta$ -diol (J-824), estra-1,3,5(10)-triene-3-sulfamate-17 $\beta$ -ol (J-995), mesterolone, methenolone, 16-methylene-estradiol, metogest, nandrolone, nisterime, norclostebol, 3-octyloxy-5 $\alpha$ -androst-3-en-17 $\beta$ -ol (octostanol), estradiol-17-phenylpropionate-estradiol-benzoate mixture (ORG-369-2), 7-ethyl-nandrolone (ORG-41640), 11 $\beta$ -chloromethyl-estra-3,17 $\beta$ -diol (ORG-4333), piperidinium-1-[(2 $\beta$ ,3 $\alpha$ ,5 $\alpha$ ,16 $\beta$ ,17 $\beta$ )-3,17-dihydroxy-2-(1-piperidinyl)androstan-16-yl]-1-methyl-bromide (ORG-7402), 17-deacetylrocuronium (ORG-9943), oxendolone, 11 $\alpha$ -methoxy-7 $\alpha$ -methyl-estra-3-17 $\beta$ -diol (PDC-7), quinestradol, 17 $\beta$ -hydroxy-7 $\alpha$ -methyl-androst-5-en-3-one (RMI-12936), 11 $\alpha$ -ethenyl-estra-3, 17 $\beta$ -diol

(RU-39951),  $11\beta$ -[4(dimethylamino)phenyl]-estra-3,  $17\beta$ -diol (RU-43944),  $7\alpha$ -{4-[2-(dimethylamino)ethoxy]phenyl}-estra-3,  $17\beta$ -diol (RU-45144),  $11\beta$ -{4-[(methylsulfonyl)oxy]phenyl}-estra-3,  $17\beta$ -diol (RU-48382),  $11\beta$ -{4-[[5-[(4,4,5,5,5-pentafluoropentyl)sulfonyl]pentyl]oxy]phenyl}-estra-3,  $17\beta$ -diol (RU-58668),  $17\beta$ -dihydroxy- $9\alpha$ -fluoro- $11\beta$ -androsta-1,4-dien-3-one (SQ-27957), stenbolone, cycloprop[14R,15 $\alpha$ ]estra-3',15-dihydro-3-methoxy-1,3,5(10)-trien- $17\beta$ -ol (STS-593), cycloprop[14S,15 $\beta$ ]estra-3',15-dihydro-3-methoxy-1,3,5(10)-trien- $17\beta$ -ol (STS-651), testosterone, trestolone, trilostane,  $13\beta$ -ethyl- $8\alpha$ -gona-1,3,5(10)-triene-3,  $16\alpha$ ,  $17\beta$ -triol (WY-5090),  $13\beta$ -ethyl- $8\beta$ -gona-1,3,5(10)-triene-3,  $16\alpha$ ,  $17\beta$ -triol, estra-2-{tricyclo[3.3.1.13,7]decyl}-1,3,5(10)-trien-3,  $17\beta$ -diol (ZYC-5), ent-estradiol, 8 $\beta$ -vinyl-estradiol,  $11\beta$ -fluoro- $7\alpha$ -{5-[N-methyl-N-3-(4,4,5,5,5-pentafluoropentylthio)-propylamino]pentyl}-estra-1,3,5(10)-triene-3,  $17\beta$ -diol (subsequently AE1),  $11\beta$ -fluoro- $7\alpha$ -{5-[methyl-(7,7,8,8,9,9,10,10,10,10-nonafluorodecyl)amino]pentyl}estra-1,3,5(10)-triene-3,  $17\beta$ -diol (subsequently AE2),  $17\beta$ -hydroxy- $14\alpha$ ,  $15\alpha$ -methylene-androst-4-en-3-one (WO 99/672275),  $17\beta$ -hydroxy- $7\alpha$ -methyl- $14\alpha$ ,  $15\alpha$ -methylene-androst-4-en-3-one (WO 99/672275), 4-chloro- $17\beta$ -hydroxy-14 $\alpha$ ,  $15\alpha$ -methylene-androst-4-en-3-one (WO 01/42275), 4,  $17\beta$ -dihydroxy- $14\alpha$ ,  $15\alpha$ -methylene-androst-4-en-3-one (WO 01/42275),  $17\beta$ -hydroxy- $14\alpha$ ,  $15\alpha$ -methylene-androsta-1,4-dien-3-one (WO 01/42275), 4-chloro- $17\beta$ -hydroxy- $14\alpha$ ,  $15\alpha$ -methylene-androsta-1,4-dien-3-one (WO 01/42275), 4-chloro- $17\beta$ -hydroxy- $14\alpha$ ,  $15\alpha$ -methylene-estr-4-en-3-one (WO 01/42274),  $7\beta$ -hydroxy- $7\alpha$ -methyl- $14\alpha$ ,  $15\alpha$ -methylene-estr-4-en-3-one (WO 99/67276),  $17\beta$ -hydroxy- $14\alpha$ ,  $15\alpha$ -methylene-estr-4-methylene-estr-4-en-3-one (WO 99/67276), 4,  $17\beta$ -dihydroxy- $14\alpha$ ,  $15\alpha$ -methylene-estr-4-

en-3-one (WO 01/42274), 17 $\beta$ -hydroxy-14 $\alpha$ ,15 $\alpha$ -methylene-estra-4,9,11-trien-3-one (WO 01/42274), 3-ethyl-17 $\beta$ -hydroxy-14 $\alpha$ ,15 $\alpha$ -methylene-gon-4-en-3-one (WO 01/42274), 17a- $\beta$ -hydroxy-17a-homoandrosta-4,15-dien-3-one, and 1"-mesyl-17 $\alpha$ -(trifluoromethyl)-1'H-pyrazol[4",5":2,3]androst-4-en-17 $\beta$ -ol.

Pharmaceutical substances and pharmaceutical substance groups that are lipophilic and/or represent substrates of cytochrome-P450 monooxygenases are cited below, but are not limited to this list; they also contain salts and/or derivatives of these pharmaceutical substances:

Aromatic hydrocarbons, arylamines, heterocyclic amines, caffeine, 1,3,7-trimethylxanthine, theophylline, odansertron, diethylnitrosamine, cyclophosphamide, R-methyl-phenytoin; antidiabetic agents – in particular glibenclamide, rosiglitazone and tolbutamide; non-steroidal anti-rheumatic agents (NSAR) – in particular diclofenac-Na and ibuprofen; coumarin, phenprocoumon, warfarin, sartanes, debrisoquin, sparteine,  $\beta$ -blockers, codeine; neuroleptic agents – in particular haloperidol; phenothiazines, risperidone; selective serotonin reuptake inhibitors (SSRI) – in particular fluvoxamine; tricyclic antidepressants, nitrosamines, chloroxazone, dihydropyridines, triazolam, midazolam, astemizole, azole-antimycotic agents, cisapride; immunosuppressive agents – in particular cyclosporin, tacrolimus and sirolimus; calcium antagonists, macrolides; malaria agents – in particular halofantrine and mefloquine; pimozide; protease inhibitors – in particular saquinavir, ritonavir and Lopinavir, sildenafil; statins – in particular artorvastatin, fluvastatin, levostatin and simvastatin; steroids – estradiol, 11 $\beta$ -fluoro-17 $\alpha$ -methyl-7 $\alpha$ -{5-[methyl-(8,8,9,9,9-pentafluoronyl)amino]pentyl}estra-1,3,5(10)-triene-3,17 $\beta$ -diol (WO 03/045972), 11 $\beta$ -fluoro-7 $\alpha$ -{5-[N-methyl-N-3-

(4,4,5,5,5-pentafluoropentylthio)-propylamino]-pentyl}-estra-1,3,5(10)-triene-3,17 $\beta$ -diol (subsequently AE1), 11 $\beta$ -fluoro-7 $\alpha$ -{5-[methyl-(7,7,8,8,9,9,10,10,10-nonafluorodecyl)amino]pentyl}estra-1,3,5(10)-triene-3,17 $\beta$ -diol (subsequently AE2), tamoxifen, and terfenadine.

Pharmaceutical substances and pharmaceutical substance groups that represent substrates of P-gp- transporters are cited below but are not limited to the list; they also contain salts and/or derivatives of these pharmaceutical substances:

Aldosterone, amidodarone, azipodines, bepridil, bisanthrene, catharanthine, cefazolin, cefoperazone, cefotetan, cefaranthine, chinchona alkaloids, chloropromazine, cisplatin, clozapine, cyclosporin, dexamethasone, dexniguldipine, dibucaine, digoxin, diltiazem, dipyridamole, domperidone, demetin, cis-flupenthixol, fluphenazine, flunitrazepam, gallopamil, haloperidol, hydrocortisone, ivermectin, loperamide, methadone, methotrexate, mitoxantrone, monesin, morphine, morphine 6-glucoronide, nicardipine, odansertron, perphenazine, phenoxazine, phenytoin, prazosin, progesterone, talinolol, tamoxifen, terfenadine, topotecan, trifluperazine, triflupromazine, valinomycin, verapamil, vindoline, yohimbine, ritonavir, L-thyroxine, 11 $\beta$ -fluoro-17 $\alpha$ -methyl-7 $\alpha$ -{5-[methyl-(8,8,9,9,9-pentafluoronyl)amino]pentyl}estra-1,3,5(10)-triene-3,17 $\beta$ -diol (WO 03/045972), 11 $\beta$ -fluoro-7 $\alpha$ -{5-[N-methyl-N-3-(4,4,5,5,5-pentafluoropentylthio)-propylamino]pentyl}-estra-1,3,5(10)-triene-3,17 $\beta$ -diol (subsequently AE1), and 11 $\beta$ -fluoro-7 $\alpha$ -{5-[methyl-(7,7,8,8,9,9,10,10,10-nonafluorodecyl)amino]pentyl}estra-1,3,5(10)-triene-3,17 $\beta$ -diol (subsequently AE2).

A preferred embodiment of the use of the preparations according to the invention consists in that P-gp- transporters are at least partially inhibited by the use of enzymes

from the group of cytochrome-monoxygenases, preferably from the group of cytochrome-P450-3A-monoxygenases, or 17 $\beta$ -hydroxy-steroid dehydrogenases and/or as an intestinal efflux system. The capability of the pharmaceutical preparation according to the invention to increase the solubility of lipophilic phases, such as triglycerides, fatty oils or waxes, i.e., to make them readily water-dilutable, is shown by means of pseudoternary phase diagrams (cf. Example 3; Figs. 1a, 1b). In this case, active ingredient-free preparations according to the invention that contain emulsifiers, auxiliary emulsifiers and/or solvents and lipids are diluted in steps with a hydrophilic medium, e.g., water. As evaluation criteria, clear/cloudy and single-phase/multi-phase apply. Clear to opalescent, single-phase systems were made visible in the pseudoternary phase diagrams (cf. Figs. 1a and 1b) based on their occurrence at 25°C or 37°C. It has now been shown that in contrast to pharmaceutical formulations from EP 670715 B1 in the case of a water-dilution in steps, no cloudiness develops in the dilution of the preparation according to the invention in a proportion of water over 70% (v/v+m), the so-called exhaust percentage, and that preparations according to the invention up to a proportion of water of 90% (v/v+m) have a transparent o/w dispersion.

The capability of the formulation according to the invention to be readily spontaneously water-dilutable and thus also to achieve a solubility of lipophilic pharmaceutical substances can be examined in the test on self-emulsifiability (cf. Example 4; Figs. 2a-e). This test provides the processes, namely the spontaneous water dilution of formulations that are perorally administered in the stomach, again more true-to-life than the phase diagram since the preparation according to the invention is added to a hydrophilic phase that is introduced in excess. In this connection, preparations

according to the invention are examined for their capability in spontaneous water dilution to form clear and homogeneous dispersions, i.e., their capability for self-emulsification. This test is evaluated, on the one hand, by a visual scale from 1 to 5 based on the rating system of Khoo et al., Int. J. of Pharmaceutics, 167 (1998) 155-164 (see Table 1) and, on the other hand, via the determination of the hydrodynamic particle diameter by means of photon correlation spectroscopy (PCS).

**Table 1:**

Rating system of emulsions/dispersions after self-emulsification (Khoo et al., 1998).

<b>Rating</b>	<b>Appearance of the System</b>
1	Clear dispersion
2	Clear to opalescent dispersion
3	Whitish emulsion
4	Grayish emulsion
5	No self-emulsification, deposits on the surface of the water

It has now been found that formulations according to the invention that in the visual rating produce a clear and/or clear to opalescent dispersion and/or contain a particle size  $\leq 200$  nm, in particular  $\leq 100$  nm, are especially suitable, since the assumption can be made that the pharmaceutical substance is available in molecularly-

dissolved form. Between active ingredient-free and active ingredient-containing formulations, no significant difference relative to particle size and the visual grading was found in the test on self-emulsification.

In addition, adjuvants that are preferably used for the pharmaceutical preparation according to the invention also have a capacity to at least partially inhibit intestinal enzymes or intestinal efflux systems. The suitability of pharmaceutical adjuvants for the preparation according to the invention generally increases with increasing inhibition. Such potentials can be determined with the test systems that are known to one skilled in the art.

The capability of the pharmaceutical formulation according to the invention to at least partially inhibit 17 $\beta$ -hydroxy-steroid-dehydrogenases is proven, on the one hand, by in-vitro 17 $\beta$ -HSD tests (cf. Example 5, Fig. 3). Pharmaceutical preparations according to the invention that contain steroids that have a secondary, beta-position hydroxyl group in 17-position of the sterane skeleton inhibit the 17 $\beta$ -HSD 2, so that less 17-keto-biotransformation product is produced. The inhibition potential is directly proportional to the mass proportion of the formulation according to the invention. With increasing concentration (0.0%, 0.003%, 0.01%, 0.03%, 0.1% and 0.3%) of a mixture, according to the invention, that consists of Cremophor<sup>®</sup>EL/Miglyol<sup>®</sup> 812/Transcutol<sup>®</sup>P (72T/20T/8T) in the test batch, the extent of the metabolization of 11 $\beta$ -fluoro-7 $\alpha$ -{5-[methyl-(7,7,8,8,9,9,10,10,10-nonafluorodecyl)amino]pentyl}estra-1,3,5(10)-triene-3,17 $\beta$ -diol (AE2) to form 17-ketone is reduced after an incubation time of 30 minutes as follows (n = 2): 20% and 23% → 21% and 18% → 14% and 15% → 9% and 8% → 5% and 6% - 3% and 3% of the starting value of AE2, and it results in an increase of the amount of

genuine AE2 after 30 minutes in the microsome suspension (n = 2) 64% and 66% → 70% and 71% → 75% and 76% → 89% and 83% → 109% and 114% → 106% and 109% of the starting value of AE2 (cf. Example 5; Fig. 3). It can be seen from this that formulations according to the invention are suitable to inhibit 17 $\beta$ -HSD 2.

Proof of the capability of the formulation according to the invention to increase the bioavailability of pharmaceutical substances, especially of steroids with a secondary, beta-position hydroxyl group in 17-position of the sterane skeleton, can be examined by means of an in-vivo test that is known to one skilled in the art. In this in-vivo test (cf. Example 6), the bioavailabilities of AE2 are determined in i.v. and p.o. administration. Since the active ingredient AE2 is very strongly lipophilic ( $\log P = 5.9$ ), pharmaceutical preparations are used that in each case guarantee the solubility of the pharmaceutical substance in the respective formulation and thus already produce highly-developed systems. A 20% HP $\beta$ CD solution that contains 2% AE2 and is administered both i.v. and p.o. is used as a reference. As a test formulation, the pharmaceutical preparation according to the invention that is presented in Example 2a) and that contains 2.5% AE2, Cremophor<sup>®</sup>EL and Transcutol<sup>®</sup>P, Smix 9:1, 20% (m/m) Miglyol<sup>®</sup>812 is administered p.o. In Fig. 4, it can be seen that the formulation of AE2 according to the invention achieves a bioavailability that is increased by 26% relative to this 20% HP- $\beta$ -CD solution that is administered p.o. It can be seen from this that formulations according to the invention are suitable to increase the bioavailabilities of, in particular, steroids.

The capability of adjuvants to inhibit human cytochrome P450 isoenzymes is determined via a CYP test (cf. Example 7). In this connection, the inhibition of the enzymes is characterized via the concentration ( $IC_{50}$ ,  $\mu$ g/ml) of the adjuvants, in which

50% of the respective isoenzymes are inhibited. It has been shown that the CYP-isoenzymes, in particular CYP3A4, are selectively inhibited by the adjuvants according to the invention. The adjuvants according to the invention on at least one CYP-isoenzyme have at least one  $IC_{50} < 1000$ , advantageously an  $IC_{50} \leq 100$ , i.e., they have moderate activity, and especially advantageously an  $IC_{50} \leq 10$ , i.e., they have strong activity. In testing preparations according to the invention that are produced according to Example 1a) and/or 1d), it was found, surprisingly enough, that on isoenzymes CYP 3A4, CYP 2C9 and CYP 2C19, they have a lower  $IC_{50}$  than the respective individual adjuvants and a moderate to strong activity (cf. Table 2).

**Table 2:**

Inhibition Activities Relative to CYP-Isoenzymes of Adjuvants and Formulations

Name	Substance	IC50, µg/ml		
		CYP- 2C9	CYP- 2C19	CYP- 3A4
Cremophor®EL	Polyethylene glycol-35-castor oil	2.1	10	16
Cremophor®RH40	PEG-40-hydrogenated castor oil	35	11	23
Estax®54	PEG-400-monoricinoleate	1.6	0.7	3.8
Miglyol®812	C8-C12 triglycerides (MCT)	350	100	245
Refined castor oil	Refined castor oil (RIZ)	1150	>3000	930
Transcutol®P	Ethoxydiglycol	1500	1400	755
Ethyl oleate	Ethyl oleate (EO)	195	325	117

<b>Name</b>	<b>Substance</b>	<b>IC50, µg/ml</b>		
		<b>CYP- 2C9</b>	<b>CYP- 2C19</b>	<b>CYP- 3A4</b>
Imwitor®308	Glycerol monocaprylate	5.0	6.9	29
Tween®80	Polysorbate 80	2.9	8.4	7.3
HPβCD (see Example 6)	Hydroxypropyl-β-cyclodextrin	1750	2900	1800
Formulation according to Example 1a	Cremophor®EL: Transcutol®P, 9:1 + 20% Miglyol®812	21	6.4	11
Formulation according to Example 1d	Estax®54: Transcutol®P, 9:1 + 20% Miglyol®812	1.4	2.1	4.1

These results confirm that pharmaceutical preparations according to the invention inhibit intestinal enzymes, in particular 17β-HSD2 and cytochrome-isoenzymes, advantageously CYP3A4, and thus can result in an increase in the bioavailability of pharmaceutical substances.

The capability of adjuvants to inhibit P-gp- transporters is determined via a P-gp- transporter test (cf. Example 8). In this test, the activity to inhibit the transporters is characterized via ratio (R) that indicates the ratio of the fluorescence intensity of the test solution to the fluorescence intensity of the blank and is directly proportional to

inhibiting the P-gp- transporters. Fluorescence intensity test solution corresponds to fluorescence intensity, measured at 485/535 nm (excitation or emission), of cells that contain test solution and calcein AM working solution. Fluorescence intensity blank corresponds to the fluorescence intensity, measured at 485/535 nm (excitation or emission) of cells that do not contain any test solution but do contain calcein AM-working solution and thus are used as O-values.

The following maximum activities, R-values, relative to the inhibition of P-gp- transporters, are determined for the adjuvants below in Table 3:

**Table 3:**

Inhibition Activities Relative to P-gp- Transporters of Adjuvants

Adjuvants	Maximum R-Value
Cremophor®EL	2.42
Estax®54	2.17
Cremophor®RH40	1.63
Refined castor oil	1.26
PEG 400	1.26
Imwitor®308	1.24
Transcutol®P	1.18
Miglyol®812	1.13

Adjuvants that have a ratio  $\geq 1.18$ , advantageously  $\geq 1.6$  and especially advantageously  $\geq 2.1$ , are preferably suitable to inhibit the active outward transport of pharmaceutical substances by intestinal efflux systems, especially by P-gp- transporters and to result in an increase of pharmaceutical substance bioavailability, whereby in this case the pharmaceutical substances must be substrates of the P-gp- transporter [R (AE1) = 2.43; R (AE2)]. Those adjuvants are thus preferably suitable to be used as adjuvants for the pharmaceutical preparations according to the invention.

Based on their high water-dilutability and thus their good solubility of especially lipophilic pharmaceutical substances as well as their capability of inhibiting intestinal enzymes and/or the active outward transport by intestinal efflux systems, the pharmaceutical preparations according to the invention can be used as a technology platform for a wide variety of pharmaceutical substances, especially those mentioned previously. In Table 4, the formulations according to the invention that are preferably used for this purpose are indicated. In Table 5, possible active ingredient concentrations of selected pharmaceutical formulations according to the invention are indicated.

**Table 4:**

Active-Ingredient-Free Formulations According to the Invention

No.	Lipid	Emulsifier	Auxiliary Emulsifier	Smix
1	Mid-chain triglycerides (Miglyol®812) 10% (m/m)	POE-35-Glycerol-triricinoleate (Cremophor®EL)	Ethylene diglycol monoethyl ether (Transcutol®P)	1:1
2	Refined castor oil 30% (m/m)	POE-40-glycerol-hydroxystearate (Cremophor®RH40)	Glycerol monocaprylate (Imwitor®308)	3:1
3	Mid-chain triglycerides (Miglyol®812) 20% (m/m)	POE-35-glycerol-triricinoleate (Cremophor®EL)	Ethylene diglycol monoethyl ether (Transcutol®P)	9:1
4	Mid-chain triglycerides (Miglyol®812) 30% (m/m)	POE-35-glycerol-triricinoleate (Cremophor®EL)	Glycerol monocaprylate (Imwitor®308)	3:1
5	Ethyl oleate 40% (m/m)	POE-35-glycerol-triricinoleate (Cremophor®EL)	Glycerol monocaprylate (Imwitor®308)	9:1

**Table 5:**

Active-Ingredient-Containing Formulations According to the Invention

No.	Lipid	Emulsifier	Auxiliary Emulsifier	Smix	WS (Active Ingredient) Concentration
1	Mid-chain triglycerides (Miglyol®812)	POE-35-Glycerol-triricinoleate (Cremophor®EL)	Ethylene diglycol monoethyl ether (Transcutol®P)	1:1	Up to 500 mg of AE1 in 1 g of preconcentrate at 10% (m/m) lipid
2	Refined castor oil	PEG-400-monoricinoleate (Estax®54)	Ethylene diglycol monoethyl ether (Transcutol®P)	9:1	Up to 75 mg of AE2 in 1 g of preconcentrate at 10% (m/m) lipid
3	Mid-chain triglycerides (Miglyol®812)	POE-35-Glycerol-triricinoleate (Cremophor®EL)	Ethylene diglycol monoethyl ether (Transcutol®P)	9:1	Up to 50 mg of AE2 in 1 g of preconcentrate at 20% (m/m) lipid
4	Mid-chain triglycerides	POE-35-Glycerol-triricinoleate	Glycerol monocaprylate	3:1	Up to 37.5 mg of E2 in 1 g of

No.	Lipid	Emulsifier	Auxiliary Emulsifier	Smix	WS (Active Ingredient) Concentration
	(Miglyol®812)	(Cremophor®EL)	(Imwitor®308)		preconcentrate at 10% (m/m) lipid
5	Ethyl oleate	POE-35-Glycerol-triricinoleate (Cremophor®EL)	Glycerol monocaprylate (Imwitor®308)	9:1	Up to 50 mg of E2 in 1 g of preconcentrate at 10% (m/m) lipid

The examples below represent preferred compositions of the invention without, however, limiting the invention to these examples.

**Description of the Figures:**

**Fig. 1a:**

Pseudoternary phase diagram of a mixture that consists of Cremophor<sup>®</sup>EL and Imwitor<sup>®</sup>308, Smix 9:1, Miglyol<sup>®</sup>812, titrated with water at 25°C and 37°C. Leg designations run counterclockwise. Transparent single-phase areas at 25°C and 37°C are labeled in lengthwise stripes.

**Fig. 1b:**

Pseudoternary phase diagram of a mixture that consists of Cremophor<sup>®</sup>EL and Transcutol<sup>®</sup>P, Smix 3:1, Miglyol<sup>®</sup>812, titrated with water at 25°C and 37°C. Leg designations run counterclockwise. Transparent, single-phase areas at 25°C and 37°C are labeled in lengthwise stripes and are filled in only at 37°C.

**Fig. 2a:**

Test for self-emulsification of a mixture that contains Cremophor<sup>®</sup>EL and Transcutol<sup>®</sup>P, Smix 9:1, 10 to 60% (m/m), Miglyol<sup>®</sup>812. Symbols of visual rating:  and Δ; symbol of particle size determined by means of PCS (n = 4, with standard deviation): --

**Fig. 2b:**

Test for self-emulsification of a mixture that contains 2% (m/m) AE2, Cremophor<sup>®</sup>EL and Transcutol<sup>®</sup>P, Smix 9:1, 10 to 60% (m/m), Miglyol<sup>®</sup>812. Symbols of visual rating:  $\square$  and  $\Delta$ ; symbol of particle size determined by means of PCS (double values): --

**Fig. 2c:**

Test for self-emulsification of a mixture that contains 7.5% AE1, Cremophor<sup>®</sup>EL and Imwitor<sup>®</sup>308, Smix 3:1, 10 to 60% (m/m), Miglyol<sup>®</sup>812. Symbol of visual rating:  $\square$ ; symbol of particle size determined by means of PCS (double values): --

**Fig. 2d:**

Test for self-emulsification of a mixture that contains 2% E2, Cremophor<sup>®</sup>EL and Transcutol<sup>®</sup>P, Smix 9:1, 10 to 60% (m/m), Miglyol<sup>®</sup>812. Symbol of visual rating:  $\square$ ; symbol of particle size determined by means of PCS (double values): --

**Fig. 2e:**

Test for self-emulsification of a mixture that contains 2% AE2, Estax<sup>®</sup>54 and Transcutol<sup>®</sup>P, Smix 9:1, 10 to 60% (m/m) Miglyol<sup>®</sup>812. Symbol of visual rating:  $\square$ ; symbol of particle size determined by means of PCS (double values): --

**Fig. 3:**

17 $\beta$ -HSD2 test on microsomes of intestinal origin. Metabolic stability of 0.3  $\mu$ M of AE2 in an intestinal microsome suspension and production of 17-ketone metabolites after 30 minutes based on the concentration (m/v) of a formulation according to the invention that contains Cremophor<sup>®</sup>EL and Transcutol<sup>®</sup>P, Smix 9:1, 20% (m/m), Miglyol<sup>®</sup>812.

Y-axis: Proportion, in percent, of AE2 (symbol: dark bar) and ketone metabolite of AE2 (symbol: bar with lengthwise stripes)

X-axis: Proportion, in percent, of the formulation according to the invention.

**Fig. 4:**

Comparison of the serum concentrations of AE2 in female rats, filled symbols, and its 17-ketone metabolites, empty symbols, after i.v. and p.o. administration for the period of 0-24 hours, whereby in rats (R) 1 and 2:5 mg/kg of AE 2 is administered in a 20% HP $\beta$ CD solution i.v.; in R 3: 10 mg/kg of AE 2 is administered in a 20% HP $\beta$ CD solution p.o.; and in R 5 and 6: 10 mg/kg of AE 2 is administered in a preparation of Example 2a according to the invention. Y-axis: serum concentration in ng/ml; X-axis: time in hours, logarithmic scale.

**Example 1:****Production of Pharmaceutical Preparations According to the Invention**

- a) 5 g of a pharmaceutical preparation according to the invention that contains Cremophor<sup>®</sup>EL, Transcutol<sup>®</sup>P and Miglyol<sup>®</sup>812 is produced. In this connection, all adjuvants are thoroughly shaken before use. 3.6 g of Cremophor<sup>®</sup>EL and 400 mg of Transcutol<sup>®</sup>P are weighed on a "Genius" analytical scale (Sartorius, Göttingen) in a beaker and mixed for 5 minutes at 500 rpm in a magnetic stirrer (Heidolph MR 3001 K). This preparation is monitored visually for clarity and homogeneity, i.e., the beaker is held before a light source, alternatively before a black background, and the contents of the beaker do not have any optically observable cloudiness or floating particles, or any different phases. 1.0 g of Miglyol<sup>®</sup>812 is then added to the mixture and stirred for 5 minutes at 500 rpm in the above-mentioned magnetic stirrer. This pharmaceutical preparation, basic mixture, is then visually examined for clarity and homogeneity (see above).
- b) 5 g of a pharmaceutical preparation according to the invention that contains Cremophor<sup>®</sup>EL, Imwitor<sup>®</sup>308 and Miglyol<sup>®</sup>812 is produced. For this purpose, all adjuvants must be thoroughly shaken before use. Imwitor<sup>®</sup>308 must be converted into a flowable form before use by heating to 40°C in a heatable magnetic stirrer (Heidolph MR 3001 K). 3.6 g of Cremophor<sup>®</sup>EL and 400 mg of molten Imwitor<sup>®</sup>308 are weighed on a "Genius" analytical scale (Sartorius, Göttingen) in a beaker and mixed for 5 minutes at 500 rpm in a magnetic stirrer (Heidolph MR 3001 K). The homogeneity and clarity are

visually monitored (see Example 1a). 1.0 g of Miglyol®812 of the mixture is then added and stirred for 5 minutes at 500 rpm in the above-mentioned magnetic stirrer. This basic mixture is examined visually for clarity and homogeneity (see Example 1a).

- c) 5 g of a pharmaceutical preparation according to the invention that contains Cremophor®RH40, Transcutol®P and Miglyol®812 is produced. Cremophor®RH40 must be converted into a flowable form before use by heating to 40°C in a heatable magnetic stirrer (Heidolph MR 3001 K). Moreover, all adjuvants must be thoroughly shaken before use. 3.6 g of Cremophor®RH40 and 400 mg of Transcutol®P are weighed on a "Genius" analytical scale (Sartorius, Göttingen) in a beaker and mixed for 5 minutes at 500 rpm in a magnetic stirrer (Heidolph MR 3001 K). The homogeneity and clarity are visually monitored (see Example 1a). Then, 1.0 g of Miglyol®812 is added to the mixture and stirred for 5 minutes at 500 rpm in the above-mentioned magnetic stirrer. This basic mixture is visually examined for clarity and homogeneity (see Example 1a).
- d) 5 g of a pharmaceutical preparation according to the invention that contains Estax®54, Transcutol®P and Miglyol®812 is produced. For this purpose, all adjuvants must be thoroughly shaken before use. 3.6 g of Estax®54 and 400 mg of Transcutol®P are weighed on a "Genius" analytical scale (Sartorius, Göttingen) in a beaker and mixed for 5 minutes at 500 rpm in a magnetic stirrer (Heidolph MR 3001 K). The homogeneity and clarity are visually monitored (see Example 1a). Then, 1.0 g of Miglyol®812 is added to the

mixture and stirred for 5 minutes at 500 rpm in the above-mentioned magnetic stirrer. This basic mixture is visually examined for clarity and homogeneity (see Example 1a).

- e) 5 g of a pharmaceutical preparation according to the invention that contains Estax<sup>®</sup>54, Imwitor<sup>®</sup>308 and Miglyol<sup>®</sup>812 is produced. For this purpose, all adjuvants must be thoroughly shaken before use. Imwitor<sup>®</sup>308 must be converted into a flowable form before use by heating to 40°C in a heatable magnetic stirrer (Heidolph MR 3001 K). 3.6 g of Estax<sup>®</sup>54 and 400 mg of Imwitor<sup>®</sup>308 are weighed on a “Genius” analytical scale (Sartorius, Göttingen) in a beaker and mixed for 5 minutes at 500 rpm in a magnetic stirrer (Heidolph MR 3001 K). The homogeneity and clarity are visually monitored (see Example 1a).

Then, 1.0 g of Miglyol<sup>®</sup>812 is added to the mixture and stirred for 5 minutes at 500 rpm in the above-mentioned magnetic stirrer. This basic mixture is visually examined for clarity and homogeneity (see Example 1a).

- f) 5 g of a pharmaceutical preparation according to the invention that contains Estax<sup>®</sup>54, Transcutol<sup>®</sup>P and refined castor oil is produced. For this purpose, all adjuvants must be thoroughly shaken before use. 3.6 g of Estax<sup>®</sup>54 and 400 mg of Transcutol<sup>®</sup>P are weighed on a “Genius” analytical scale (Sartorius, Göttingen) in a beaker and mixed for 5 minutes at 500 rpm in a magnetic stirrer (Heidolph MR 3001 K). The homogeneity and clarity are visually monitored (see Example 1a). Then, 1.0 g of refined castor oil is added to the mixture and stirred for 5 minutes at 500 rpm in the above-

mentioned magnetic stirrer. This basic mixture is visually examined for clarity and homogeneity (see Example 1a).

- g) 5 g of a pharmaceutical preparation according to the invention that contains Estax<sup>®</sup>54, Transcutol<sup>®</sup>P and ethyl oleate is produced. For this purpose, all adjuvants must be thoroughly shaken before use. 3.6 g of Estax<sup>®</sup>54 and 400 mg of Transcutol<sup>®</sup>P are weighed on a "Genius" analytical scale (Sartorius, Göttingen) in a beaker and mixed for 5 minutes at 500 rpm in a magnetic stirrer (Heidolph MR 3001 K). The homogeneity and clarity are visually monitored (see Example 1a). Then, 1.0 g of ethyl oleate is added to the mixture and stirred for 5 minutes at 500 rpm in the above-mentioned magnetic stirrer. This basic mixture is visually examined for clarity and homogeneity (see Example 1a).
- h) 5 g of a pharmaceutical preparation according to the invention that contains Estax<sup>®</sup>54, Transcutol<sup>®</sup>P and polyethylene glycol 400 is produced. For this purpose, all adjuvants must be thoroughly shaken before use. 3.6 g of Estax<sup>®</sup>54 and 400 mg of polyethylene glycol 400 are weighed on a "Genius" analytical scale (Sartorius, Göttingen) in a beaker and mixed for 5 minutes at 500 rpm in a magnetic stirrer (Heidolph MR 3001 K). The homogeneity and clarity are visually monitored (see Example 1a). Then, 1.0 g of Miglyol<sup>®</sup>812 is added to the mixture and stirred for 5 minutes at 500 rpm in the above-mentioned magnetic stirrer. This basic mixture is visually examined for clarity and homogeneity (see Example 1a).

- i) 5 g of a pharmaceutical preparation according to the invention that contains Cremophor®RH40, Transcutol®P and refined castor oil is produced.  
Cremophor®RH40 must be converted into a flowable form before use by heating to 40°C in a heatable magnetic stirrer (Heidolph MR 3001 K).  
Moreover, all adjuvants must be thoroughly shaken before use. 3.6 g of Cremophor®RH40 and 400 mg of Transcutol®P are weighed on a “Genius” analytical scale (Sartorius, Göttingen) in a beaker and mixed for 5 minutes at 500 rpm in a magnetic stirrer (Heidolph MR 3001 K). The homogeneity and clarity are visually monitored (see Example 1a). Then, 1.0 g of refined castor oil is added to the mixture and stirred for 5 minutes at 500 rpm in the above-mentioned magnetic stirrer. This basic mixture is visually examined for clarity and homogeneity (see Example 1a).
- j) 5 g of a pharmaceutical preparation according to the invention that contains Cremophor®RH40, Transcutol®P and ethyl oleate is produced.  
Cremophor®RH40 must be converted into a flowable form before use by heating to 40°C in a heatable magnetic stirrer (Heidolph MR 3001 K).  
Moreover, all adjuvants must be thoroughly shaken before use. 3.6 g of Cremophor®RH40 and 400 mg of Transcutol®P are weighed on a “Genius” analytical scale (Sartorius, Göttingen) in a beaker and mixed for 5 minutes at 500 rpm in a magnetic stirrer (Heidolph MR 3001 K). The homogeneity and clarity are visually monitored (see Example 1a). Then, 1.0 g of ethyl oleate is added to the mixture and stirred for 5 minutes at 500 rpm in the above-

mentioned magnetic stirrer. This basic mixture is visually examined for clarity and homogeneity (see Example 1a).

- k) 5 g of a pharmaceutical preparation according to the invention that contains Cremophor®RH40, Imwitor®308 and Miglyol®812 is produced. Imwitor®308 must be converted into a flowable form before use by heating to 40°C in a heatable magnetic stirrer (Heidolph MR 3001 K). For this purpose, all adjuvants must be thoroughly shaken before use. 3.6 g of Estax®54 and 400 mg of Imwitor®308 are weighed on a "Genius" analytical scale (Sartorius, Göttingen) in a beaker and mixed for 5 minutes at 500 rpm in a magnetic stirrer (Heidolph MR 3001 K). The homogeneity and clarity are visually monitored (see Example 1a). Then, 1.0 g of Miglyol®812 is added to the mixture and stirred for 5 minutes at 500 rpm in the above-mentioned magnetic stirrer. This basic mixture is visually examined for clarity and homogeneity (see Example 1a).
- l) 5 g of a pharmaceutical preparation according to the invention that contains Cremophor®EL, Transcutol®P and refined castor oil is produced. For this purpose, all adjuvants must be thoroughly shaken before use. 3.6 g of Cremophor®EL and 400 mg of Transcutol®P are weighed on a "Genius" analytical scale (Sartorius, Göttingen) in a beaker and mixed for 5 minutes at 500 rpm in a magnetic stirrer (Heidolph MR 3001 K). This preparation is visually monitored for clarity and homogeneity, i.e., the beaker is held before a light source, alternatively before a black background, and the contents of the beaker do not have any optically observable cloudiness or floating particles, or

any different phases. Then, 1.0 g of refined castor oil is added to the mixture and stirred for 5 minutes at 500 rpm in the above-mentioned magnetic stirrer. This pharmaceutical preparation, basic mixture, is then visually examined for clarity and homogeneity (see above).

- m) 5 g of a pharmaceutical preparation according to the invention that contains Cremophor<sup>®</sup>EL, Transcutol<sup>®</sup>P and ethyl oleate is produced. For this purpose, all adjuvants must be thoroughly shaken before use. 3.6 g of Cremophor<sup>®</sup>EL and 400 mg of Transcutol<sup>®</sup>P are weighed on a "Genius" analytical scale (Sartorius, Göttingen) in a beaker and mixed for 5 minutes at 500 rpm in a magnetic stirrer (Heidolph MR 3001 K). This preparation is visually monitored for clarity and homogeneity, i.e., the beaker is held before a light source, alternatively before a black background, and the contents of the beaker do not have any optically observable cloudiness or floating particles, or any different phases. Then, 1.0 g of ethyl oleate is added to the mixture and stirred for 5 minutes at 500 rpm in the above-mentioned magnetic stirrer. This pharmaceutical preparation, basic mixture, is then visually examined for clarity and homogeneity (see above).
- n) 5 g of a pharmaceutical preparation according to the invention that contains Cremophor<sup>®</sup>EL, Imwitor<sup>®</sup>308 and ethyl oleate is produced. Imwitor<sup>®</sup>308 must be converted into a flowable form before use by heating to 40°C in a heatable magnetic stirrer (Heidolph MR 3001 K). For this purpose, all adjuvants must be thoroughly shaken before use. 3.6 g of Cremophor<sup>®</sup>EL and 400 mg of Imwitor<sup>®</sup>308 are weighed on a "Genius" analytical scale

(Sartorius, Göttingen) in a beaker and mixed for 5 minutes at 500 rpm in a magnetic stirrer (Heidolph MR 3001 K). This preparation is visually monitored for clarity and homogeneity, i.e., the beaker is held before a light source, alternatively before a black background, and the contents of the beaker do not have any optically observable cloudiness or floating particles, or any different phases. Then, 1.0 g of ethyl oleate is added to the mixture and stirred for 5 minutes at 500 rpm in the above-mentioned magnetic stirrer. This pharmaceutical preparation, basic mixture, is visually examined for clarity and homogeneity (see above).

Examples 1a)-n) accordingly can be characterized with an Smix of 9:1 and a lipid content (m/m) in the basic mixture of 20%. Other combinations that consist of this adjuvant composition are produced, on the one hand, by a replacement of the lipid phase by the amphiphilic phase (Smix), such that the composition contains, e.g., 10% MCT (Miglyol®812) in the basic mixture, or by a replacement of the portion of emulsifier mixture (Smix) by the MCT that is used. The basic mixture then typically contained 30%, 40% or 50% of the total lipid proportion. In addition, other combinations, which are suitable as preparations according to the invention, can be produced in the same way by a change of the Smix to 3:1 or 1:1.

**Example 2:**

**Production of Active Ingredient-Containing Pharmaceutical Preparations**

- a) 12.5 mg of 11 $\beta$ -fluoro-7 $\alpha$ -{5-[methyl-(7,7,8,8,9,9,10,10,10-nonafluorodecyl)amino]pentyl}estra-1,3,5(10)-triene-3,17 $\beta$ -diol (AE 2) is

admixed into 5 g of the pharmaceutical preparation from Example 1a) and stirred in the magnetic stirrer (Heidolph MR 3001K) until the active ingredient has dissolved to a clear form in the formulation (for examination of clarity, see Example 1a). To accelerate the pharmaceutical substance solubility in the basic solution, while being stirred in the above-mentioned magnetic stirrer, heat is input until about 40°C is reached. After 24 hours, the clarity of the system is again examined (see Example 1a).

- b) 10.0 mg of 1,3,5(10)-estratriene-3,17 $\beta$ -diol x 1/2 H<sub>2</sub>O, named estradiol (E2) below, is admixed into 5 g of the pharmaceutical preparation of Example 1l) and stirred in the magnetic stirrer (Heidolph MR 3001K) until the active ingredient has dissolved to a clear form in the formulation (for examination of clarity, see Example 1a). To accelerate the pharmaceutical substance solubility in the basic solution, while being stirred in the above-mentioned magnetic stirrer, heat is input until about 40°C is reached. After 24 hours, the clarity of the system is again examined (see Example 1a).
- c) 10.0 mg of AE 2 is admixed into 5 g of the pharmaceutical preparation of Example 1d) and stirred in the magnetic stirrer (Heidolph MR 3001K) until the active ingredient has dissolved to a clear form in the formulation (for examination of clarity, see Example 1a). To accelerate the pharmaceutical substance solubility in the basic solution, while being stirred in the above-mentioned magnetic stirrer, heat is input until about 40°C is reached. After 24 hours, the clarity of the system is examined again (see Example 1a).

d) 37.5 mg of  $11\beta$ -fluoro-7a-[5-methyl- $\{4,4,5,5,5$ -pentafluoropentyl-9sulfanyl]-propyl}amino)-pentyl]-estra-1,3,5(10)-triene-3,17 $\beta$ -diol (AE1) is admixed into 5 g of the pharmaceutical preparation of Example 1b), whereby the Smix is 3:1, and stirred in the magnetic stirrer (Heidolph MR 3001 K) until the active ingredient has dissolved to a clear form in the formulation (for examination of clarity, see Example 1a). To accelerate the pharmaceutical substance solubility in the basic solution, while stirring is done in the above-mentioned magnetic stirrer, heat is input until about 40°C is reached. After 24 hours, the clarity of the system is examined again (see Example 1a).

**Example 3:**

**Test for Water Dilution In Steps: Pseudoternary Phase Diagram**

In each case, 1.0 g of the basic mixtures according to the invention analogously to Example 1b), containing Cremophor<sup>®</sup>EL, Imwitor<sup>®</sup>308 (Smix 9:1) and Miglyol<sup>®</sup>812 [varying total lipid proportion of 0-100% (m/m)], and analogously to Example 1a), containing Cremophor<sup>®</sup>EL, Transcutol<sup>®</sup>P (Smix 3:1) and Miglyol<sup>®</sup>812 [varying total lipid proportion of 0-100% (m/m)], are added in each case in a magnetic stirring rod to in each case a 16 ml beveled test tube. Each of these preparations is homogeneously mixed with the aid of a mixer, MS 1 minishaker (IKA Company, Staufen), at the highest stage for 2-3 minutes. After the first visual rating at 25°C (see Example 1a), in each case 10% (v/v+w) water is added in portions by means of an Eppendorf pipette to each basic mixture to produce this batch. The systems are thoroughly mixed after each titration step for about 10 seconds in the contact shaker. A tempered equilibration follows at 37°C

(Thermostat F20 MH of Julabo, Seelbach for a 15 l water bath) at a stirring speed of about 270 rpm (Variomag® Telemodul 40S with 60 magnetic stirring positions). A visual rating at 37°C (see Example 1a) takes place after 0.25-0.5 hour. Water is added up to a total water content of 90% (v/v+w) according to the method above.

In the course of these dilutions, semisolid and gel-like batches arise, and the latter are heated (water bath with 60°C) and then homogenized.

The thus obtained phase diagrams are depicted in Figs. 1a and 1b and show that in particular basic mixtures according to the invention with a Smix of 9:1 up to a total lipid proportion of 50% (m/m) and basic mixtures according to the invention with a Smix of 3:1 up to a total lipid proportion of 30% (m/m) in the anhydrous basic mixture up to at least 90% (v/v+w) total water content have a clear and homogeneous emulsion and thus are suitable for the pharmaceutical preparations according to the invention.

**Example 4:**

**Test for Self-Emulsifiability of Active-Ingredient-Free Pharmaceutical Preparations**

- a) In each case, 500 mg of the basic mixture, produced according to Example 1b), containing Cremophor® EL and Imwitor® 308, Smix 9:1, and a respective total lipid proportion of 10, 20, 30, 40, 50 and 60% (m/m) Miglyol® 812 are weighed on an analytical scale ("Genius," Sartorius Company, Göttingen) in in each case a 1 ml disposable syringe. The filled syringe is added drop by drop to 250 ml of purelab® water that is heated to 37°C and stirred in a release apparatus DT7R (ERWEKA, Heusen strain) with a blade-stirring attachment at 60 rpm. The

release vessel is purified before the test with demineralized water and flushed at the end of the purification procedure with purelab® water.

On the one hand, the dilutions are visually rated after 10 minutes, and, on the other hand, the particle size is determined by means of PCS (cf. Fig. 2a).

The particle size measurement by PCS is carried out at a measuring temperature of 37°C. 1.46 was used as an angle of refraction of the dispersed phases. The viscosity value of these strongly diluted systems was allowed to remain in the basic setting of the device (viscosity value of water based on temperature).

As can be seen in Fig. 2a), compositions with 10-40% (m/m) lipid in the preconcentrate are preferred, since they have clear to bluish shimmering dispersions (visual ratings of 1 and 2) with particle sizes of < 200 nm. Especially preferred are compositions with 10-30% (m/m) lipid in the preconcentrate that have clear dispersions (visual ratings of 1) and particle sizes of < 100 nm, since in this connection, it can be assumed that the active ingredient is available in a dissolved form.

The particle size was determined with a sample number  $n = 4$ , such that the standard deviation according to the following formula  $S = \sqrt{\frac{n \sum x^2 - (\sum x)^2}{n(n-1)}}$  is incorporated into the figures. The open-triangle open symbols indicate the visual ratings of the different samples.

- b) 500 mg of the active ingredient-containing basic mixture, produced analogously to Example 2d), containing 2% (m/m) AE2, Cremophor®EL and Imwitor®308, Smix 9:1, and a respective total lipid proportion of 10, 20, 30, 40, 50 and 60%

(m/m) Miglyol<sup>®</sup>812 according to Example 4a) are tested for spontaneous water dilutability.

As can be seen in Fig. 2b), no significant difference in the visual rating, as also in the particle size, exists in Figure 2a.

c) 500 mg of the active ingredient-containing basic mixture, produced analogously to Example 2d), containing 7.0% (m/m) AE1, Cremophor<sup>®</sup>EL and Imwitor<sup>®</sup>308, Smix of 3:1, and a respective total lipid proportion of 10, 20, 30, 40, 50 and 60% (m/m) Miglyol<sup>®</sup>812 according to Example 4a) are in each case tested for spontaneous water dilutability.

As can be seen in Fig. 2c), especially compositions with 10-50% (m/m) lipid in the preconcentrate are especially preferred, since they produce clear dispersions (visual ratings of 1) and particle sizes of < 100 nm, and thus it can be assumed that the active ingredient is available in a dissolved form.

d) 500 mg of the active ingredient-containing basic mixture, produced analogously to Example 2b), containing 2.0% (m/m) E2, Cremophor<sup>®</sup>EL and Transcutol<sup>®</sup>P, Smix 9:1, and a respective total lipid proportion of 10, 20, 30, 40, 50 and 60% (m/m) castor oil (RIZ) according to Example 4a) in each case are tested for spontaneous water dilutability.

As can be seen in Fig. 2d), compositions with 10-40% (m/m) lipid in the preconcentrate are preferred, since they produce clear to bluish shimmering dispersions (visual ratings of 1 and 2) and particle sizes of < 200 nm; especially preferred are compositions with 10-30% (m/m) lipid in the preconcentrate that produce clear dispersions (visual ratings of 1) and particle sizes of < 100 nm,

since in this connection, it can be assumed that the active ingredient is available in a dissolved form.

e) 500 mg of the active ingredient-containing basic mixture, produced analogously to Example 2c) and containing 2.0% (m/m) AE2, Estax<sup>®</sup>54 and Transcitol<sup>®</sup>P, Smix 9:1, and a respective total lipid proportion of 10, 20, 30, 40, 50 and 60% (m/m) Miglyol<sup>®</sup> according to Example 4a) are tested in each case for spontaneous water dilutability.

As can be seen in Fig. 2e), compositions with 40 and 50% (m/m) lipid in the preconcentrate are preferred, since they produce clear to bluish shimmering dispersions (visual ratings: 2) and particle sizes of < 200 nm. In these cases, it can be assumed that the active ingredient is available in a dissolved form.

**Example 5:**

**Metabolic Stability, In Vitro 17 $\beta$ -HSD2 Test**

A formulation according to the invention, produced analogously to Example 1a) and containing Cremophor<sup>®</sup>EL and Transcitol<sup>®</sup>P, Smix 9:1, 20% (m/m) Miglyol<sup>®</sup>812, is tested for its property to inhibit 17 $\beta$ -HSD2 in intestinal microsomes. 17 $\beta$ -HSD2 mediates the intestinal enzymatic dehydrogenation of an OH group in 17-position of the sterane skeleton to form a ketone group. An inhibition of the 17 $\beta$ -HSD2 is measured via a test substance AE2, which is the substrate of this enzyme, and is biotransformed into a 17-keto product. The ratio of the AE2 concentration and the 17-ketone-biotransformation product is determined at specific times (0, 10, 20, 30, 45 and 60 minutes) in each case for the starting-AE2 concentration in % (m/m).

For these tests, the following materials are used:

**Na-Phosphate buffer:** 100 mmol of Na<sub>2</sub>HPO<sub>4</sub> x 2H<sub>2</sub>O and 100 mmol of NaH<sub>2</sub>PO<sub>4</sub> x H<sub>2</sub>O

**Test substance solution of AE2:** AE2 50 µmol in MeOH (in the test batch 0.3 µmol)

**Formulation batches of the above-mentioned formulation according to the invention (% m/v):** 0%, 0.00441%, 0.0147%, 0.0441%, 0.147% and 0.441% formulation in Na-phosphate buffer (in the test batch 0%, 0.003%, 0.01%, 0.03%, 0.01% and 0.3% formulation).

**Cofactor solution:** 2 ml of glucose-6-phosphate (160 mmol)/MgCl<sub>2</sub> (80 mmol)-mixture is added to 400 µl of a glucose-6-phosphate-dehydrogenase solution, then 15.6 mg of NADP and 13.4 mg of NAD are added.

**Microsome solution:** Intestinal microsomes (InVitro Technologies; protein content: 24 mg/ml; CYP450 content; 0.058 nmol/mg of protein)

Thawed in a water bath at 37°C (~60 seconds) and diluted to a concentration of 5 mg/ml of protein with Na-phosphate buffer.

In each case, 170 µl/well of the formulation buffer and 5 µl/well of test substance solution of AE2 are introduced into the corresponding wells, whereby double values are set for each measuring time (0, 10, 20, 30, 45 and 60 minutes).

In each case, 250 µl of ice-cold MeOH is added at the 0-minute values. Immediately after, 25 µl of microsome solution and 50 µl of cofactor solution are added to all wells. The samples of the 0-minute values are stored without incubation at ~-20°C for about 24 hours. The other samples are incubated in each case for 10, 20, 30, 45 and

60 minutes at 37°C, and the dehydrogenation reaction is stopped after these times by the addition of 250 µl of ice-cold MeOH in each case. The samples are stored for about 24 hours before they are measured by HPLC at ~20°C and they are centrifuged before HPLC analysis at 3000 rpm, whereby the supernatant is measured.

The concentrations of AE2 and 17 ketone product of AE2 that are measured by HPLC are presented in Fig. 3.

**Example 6:**

**In vivo i.v./p.o. Test for Inhibition of Intestinal 17 $\beta$ -HSD2 by Formulations**

**According to the Invention in Rats**

**Animals used:** Rats, female, 200-250 g, SchöWistar

**HP $\beta$ CD solution used:** 20.0 g of hydroxypropyl- $\beta$ -cyclodextrin (HP $\beta$ CD) is dissolved in 90 ml of water for injection purposes. 1.6 ml of a 1N HCl solution is added to the cyclodextrin solution. Then, 2.0 g of AE2 is weighed in the aqueous cyclodextrin solution and dissolved at room temperature. 0.2 g of NaCl and 0.242 g of trometamol are weighed and dissolved in the active ingredient-containing cyclodextrin solution. The pH is set at 7.4 with 1N HCl. It is made up with water for injection purposes to a final volume of 100.0 ml and shaken. The solution is filtered with a 0.2 µmol membrane filter and autoclaved for 20 minutes at 121°C.

**Formulation that is used according to the invention:** Preparation produced analogously to Example 2a), containing 2% (m/m) AE2, Cremophor<sup>®</sup>EL and Transcutol<sup>®</sup>P, Smix 9:1, 20% (m/m) Miglyol<sup>®</sup>812

**Dose used:** i.v. 5 mg/kg of AE2 in 20% HP $\beta$ CD solution

p.o. 10 mg/kg of AE2 in 20% HP $\beta$ CD solution or a formulation according to the invention

The test extends over a period of 3 days.

Day 1: A catheterization of the jugular vein is performed on rats (R: 1, 2, 3; 5, 6) under Narkoren anesthesia.

Day 2: R1 and R2: in each case 5 mg/kg of AE2-HP $\beta$ CD solution is administered i.v. via the caudal vein; R3: 10 mg/kg of AE2-HP $\beta$ CD solution is administered; and R 5 and 6: In each case 10 mg/kg of AE2-containing formulation according to the invention (mentioned above) is administered p.o. via the p.o.-administration needle. Blood samples are drawn at the specified times (i.v.: 5, 15, 30, 45 minutes; 1, 2, 4, 6, 8 and 24 hours; p.o.: 15, 30, 45 minutes; 1, 2, 4, 6, 8 and 24 hours) via the jugular catheter and worked up after sample working-up part 1.

Day 3: Drawing of the 24 hour values from the vena cava, sample working-up parts 1 and 2

#### **Sample Working-up:**

Part 1: Serum recovery 30 minutes after the drawing of blood by centrifuging at 3000 g for 5 minutes. Then, 100  $\mu$ l of the serum 1:5 is mixed with acetonitrile for precipitation. Sample storage until analysis by LC/MS/MS at  $\sim$ 20°C (at least 24 hours).

Part 2: Centrifuging of the precipitated serum (see part 1) at 5000 g for 5

minutes; pipetting-off of the aliquot for analysis by LC/MS/MS

The pharmacokinetic parameters are calculated by means of the WinNonlin® program. The respective concentrations of AE2 and the metabolite are presented in Fig. 4.

**Example 7:**

**Cytochrome P450 Inhibition Test, In Vitro CYP Test**

**Materials for These In-Vitro Tests:**

96-hole plates, suitable for fluorescence measurements

Shaker/incubator for 37°C

Plate-fluorescence reader (Fluostar)

**Incubation buffer:** Potassium-phosphate buffer, pH 7.4 (KP buffer)

**Stop solution:** Acetonitrile/tris base 0.5 M, 80/20 (V/V)

Solutions of test substances and positive controls in acetonitrile, dilutions with incubation buffer.

**Test substances:** Cremophor®EL, Cremophor®RH40, Estax®54, Miglyol®812, refined castor oil, Transcutol®P, ethyl oleate, Imwitor®308, Tween®80, 20% HPβCD solution (production described in Example 6), formulation according to the invention of Example 1a) and Example 1d)

Stock solutions of the respective test substances or test formulations are produced in acetonitrile and diluted with incubation buffer (3 mg/ml in 2% acetonitrile in the

batch); additional concentrations are produced by serial dilution. Concentration of the acetonitrile is at most 2% in all batches.

The incubations are set in 96-hole plate format with 200  $\mu$ l of total volume in double values. The background batch controls the fluorescence of the batch without enzymes and formulations according to the invention, and the inherent fluorescence of the substances is determined in the buffer dilution. The preparation of the dilutions and the pipetting diagram corresponds to the original instructions of the manufacturer of the test kit (Gentest Corp., Woburn, MA, USA).

The batches are started by adding the enzyme/substrate mixture, shaken for 30 or 45 minutes in an incubator at 37°C and then interrupted with 50  $\mu$ l of stop solution. The plates are briefly shaken, and the fluorescence intensity is measured in the plate-fluorescence reader at the wavelengths for excitation or emission.

The development of the fluorescent product forms the basis for the calculation. The comparison of the substrate conversion with or without the presence of the formulation according to the invention indicates an inhibition of the Cytochrome P450 isoenzyme. The IC<sub>50</sub> value is calculated from the concentration-dependent inhibition.

a) Inhibition of the Recombinant, Human Cytochrome P450 3A4 Isoenzyme

<b>Incubation buffer:</b>	<b>KP buffer</b>	200 mmol
<b>Enzyme mixture:</b>	Glucose-6-phosphate (G6P)	0.4 mmol
	MgCl <sub>2</sub>	0.4 mmol
	NADP <sup>+</sup>	8.1 $\mu$ mol
	G6Pdehydrogenase (G6PD)	0.2 IU/ml

Recombinant human CYP450-3A4, 1 pMol/batch

**Substrate:** 7-Benzylxy-trifluoromethylcoumarin  
 (7-BFC) 50  $\mu$ mol

**Positive Control:** Ketokonazole 0.25-560 nmol

**Incubation period:** 30 minutes

**Excitation/Emission wavelengths:** 410/530 nm

The results are presented in Table 2.

**b) Inhibition of the Recombinant, Human Cytochrome P450 2C9 Isoenzyme**

**Incubation buffer:** KP buffer 50 mmol

**Enzyme mixture:** Glucose-6-phosphate (G6P) 0.4 mmol  
 MgCl<sub>2</sub> 0.4 mmol  
 NADP+ 8.1  $\mu$ mol  
 G6Pdehydrogenase (G6PD) 0.2 IU/ml

Recombinant human CYP450-2C9, 1.0 pMol/batch

**Substrate:** 7-Methoxy-4-trifluoromethylcoumarin  
 (7-MFC) 37.5  $\mu$ mol

**Positive Control:** Sulfaphenazole 0.005-10  $\mu$ mol

**Incubation period:** 45 minutes

**Excitation/Emission wavelengths:** 410/530 nm

The results are presented in Table 2.

**c) Inhibition of the Recombinant, Human Cytochrome P450 2C19 Isoenzyme**

<b>Incubation buffer:</b>	<b>KP buffer</b>	50 mmol
<b>Enzyme mixture:</b>	Glucose-6-phosphate (G6P)	0.4 mmol
	MgCl <sub>2</sub>	0.4 mmol
	NADP <sup>+</sup>	8.1 μmol
	G6Pdehydrogenase (G6PD)	0.2 IU/ml
	Recombinant human CYP450-2C19, 1.5 pMol/batch	
<b>Substrate:</b>	3-Cyano-7-ethoxycoumarin (CEC)	25 μmol
<b>Positive Control:</b>	Tranylcypromine	0.045-100 μmol
<b>Incubation period:</b>		30 minutes
<b>Excitation/Emission wavelengths:</b>		410/460 nm

The results are presented in Table 2.

**Example 8:****Test For Inhibition of P-gp- Transporters; P-gp- Transporter Test**

The following adjuvants are tested for their capability to inhibit human, intestinal P-gp- transporters: Cremophor<sup>®</sup>EL, Estax<sup>®</sup>54, Cremophor<sup>®</sup>RH40, refined castor oil, PEG 400, Imwitor<sup>®</sup>308, Transcutol<sup>®</sup>P, Miglyol<sup>®</sup>.

For this purpose, a suspension of human breast cancer cell lines, MATU-cell lines (Max-Dellbrück-Centrum (MDC)-Berlin-Buch; 40,000 cells/well/200 μl) is first added to a microtiter plate (Greiner black 96 plates, clear bottom, sterile). To ensure a stable and

high expression of P-gp, the cells are cultivated over 3 days with adriamycin (ADR)-containing medium and then converted to ADR-free medium.

The culture medium contains 500 ml of RPMI (2.0 g/l of NaHCO<sub>3</sub>; w/o L-glutamine, w/o phenol red, Article No.: F1275, Biochrom Company, Berlin), 5 ml of PenStrep® (10,000 U of penicillin, 10,000 µg/ml of streptomycin, Article No.: A2213, Biochrom Company, Berlin), 5 ml of L-glutamine (200 mmol, Article No.: K0283, Biochrom Company, Berlin), 50 ml of FCS (Article No.: S 0115, Biochrom Company, Berlin), and 50 µl of doxorubicin (1 µg/µl).

On day 4, the cells are washed for the test with incubation buffer and then equilibrated for about 10 minutes in incubation buffer. The incubation buffer, HEPES-carbonate buffer, pH 7.2, contains 128.1 mmol of NaCl, 5.4 mmol of KCl, 1.0 mmol of MgSO<sub>4</sub> x 7 H<sub>2</sub>O, 1.8 mmol of CaCl<sub>2</sub> x 2 H<sub>2</sub>O, 1.2 mmol of Na<sub>2</sub>HPO<sub>4</sub> x 7 H<sub>2</sub>O, 0.4 mmol of NaH<sub>2</sub>PO<sub>4</sub> x H<sub>2</sub>O, 15.0 mmol of Hepes, 20.0 mmol of glucose, and 4.2 mmol of NaHCO<sub>3</sub>. The cells that are differentiated in 96-microtiter plates are first washed 2x with the incubation buffer. The microtiter plate is now divided into zones. 180 µl of the respective test solution per well is added to a zone, and the entire microtiter plate is preincubated for 30 minutes at 37°C. The test solutions have concentrations of 0.3 to 33.3 µmol of test substances.

A 33.3 µmol concentrated Cremophor® EL test solution is produced from a 30 mmol stock solution of the adjuvant in DMSO, which is diluted 1:901 with incubation buffer to 33.3 µmol, and thus produces a concentration of 30 µmol in the batch, whereby the sum of the concentration of DMSO in the batch does not exceed 0.2% (v/v).

Dilutions are produced analogously. Test solutions for the above-mentioned adjuvants are produced analogously.

Then, the addition of calcein AM working solution (20  $\mu$ l/well) to all wells is carried out, i.e., with and without test solution. The plates are briefly carefully shaken and incubated for another 30 minutes at 37°C. The calcein AM working solution is diluted by diluting a 1 mmol calcein AM-stock solution in DMSO with incubation buffer to 10  $\mu$ mol of calcein AM working solution. After incubation is completed, the fluorescence is measured in a plate-fluorescence reader (Fluostar<sup>®</sup>, B&L Systems, Maarssen) at 485/535 nm (excitation or emission).

The following ratio: ratio (R) of the fluorescence intensity of the test solution to the fluorescence intensity of the blank is determined.

The fluorescence intensity of the test solution corresponds to the fluorescence intensity, measured at 485/535 nm (excitation or emission), of the cells that contain the test solution and the calcein AM working solution.

The fluorescence intensity of the blank corresponds to the fluorescence intensity, measured at 485/535 nm (excitation or emission), of the cells that do not contain any test solution, but rather contain calcein AM working solution and thus are used as O-values.

The results are presented in Table 3.

Without further elaboration, it is believed that one skilled in the art can, using the preceding description, utilize the present invention to its fullest extent. The preceding preferred specific embodiments are, therefore, to be construed as merely illustrative, and not limitative of the remainder of the disclosure in any way whatsoever.

In the foregoing and in the examples, all temperatures are set forth uncorrected in degrees Celsius, and all parts and percentages are by weight, unless otherwise indicated.

The entire disclosures of all applications, patents and publications, cited herein and of corresponding U.S. Provisional Application Serial No. 60/416,920, filed October 9, 2002, are incorporated by reference herein.

The preceding examples can be repeated with similar success by substituting the generically or specifically described reactants and/or operating conditions of this invention for those used in the preceding examples.

From the foregoing description, one skilled in the art can easily ascertain the essential characteristics of this invention and, without departing from the spirit and scope thereof, can make various changes and modifications of the invention to adapt it to various usages and conditions.